









# Ida Culver House Broadview February 2026 Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b></p> <p>10:00 (B) Seated Dance Fitness</p> <p>11:00 (B) Enhance Fitness</p> <p>1:00 (B) Mini Valentine's Flower Baskets</p> <p>1:30 (C) RR Play Reading</p> <p>3:00 (B) Olympic Games: Biathlon, Hockey, &amp; Curling-Inspired Games</p> <p>3:30 (G) RR Cribbage</p> 	<p><b>2</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:00 (G) Meditation</p> <p>10:30 (B) "All the World's A Stage: The Evolution of Acting in the Western World Pt 1" with Shanna Allman</p> <p>1:00 (B) Gentle Yoga w Binka</p> <p>2:00 (G) Men's Group</p> <p>2:30 (B) Watercolors with Cathy S</p> <p>3:45 (B) Reading with Nils</p> <p>7:00 (L) Non-Fiction Book Club</p>	<p><b>3</b></p> <p>9:00 (B) Balance w Select Rehab</p> <p>9:45 (B) Cardio Drumming</p> <p>10:00 Pool Fitness</p> <p>10:30 (B) Doctors Without Borders: How It Works and What We Do</p> <p>1:00 (G) RR Canasta</p> <p>1:00 (B) Around the World: Mongolia with Kim Mulvaney</p> <p>2:30 (B) Gentle Movement</p> <p>3:30 (B) Poetry Salon</p> <p>6:30 (G) RR Scrabble</p> 	<p><b>4</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9-11 (G) Fiber Arts Meetup</p> <p>9:15 (B) Enhance Fitness</p> <p>10:00 (L) Communion</p> <p>10:30 (B) ICHB Choir Rehearsal</p> <p>1:00 (B) Current Events</p> <p>2:00 (G) Parkinson's Group</p> <p>2:30 (B) Celebrating Cultures</p> <p>Happy Hour: Mongolia</p> <p>6:30 (B) RR Bridge</p> 	<p><b>5</b></p> <p>9:00 (B) Seated Dance Fitness</p> <p>9:45 (B) Stretch &amp; Flex</p> <p>10:00 Pool Fitness</p> <p>10:30 * (\$) Grocery Trip: Trader Joe's</p> <p>10:30 (G) Maker's Guild</p> <p>10:30 (B) "What Did the Framers of the Constitution Intend?" with Bill Taylor</p> <p>1:30 * (\$) Grocery Trip: Trader Joe's</p> <p>2:00 (G) Bible Discussion Group</p> <p>3:30 (R) Gentle Movement</p>	<p><b>6</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:30 (B) A Swift Survey of High Medieval History &amp; Literature: Gothic Glories with Kristi Busch</p>  <p>1:00 (G) RR Rummikub</p> <p>1:30 (B) Life Enrichment Forum</p> <p>3:00 (B) BINGO</p>	<p><b>7</b></p> <p>9:30 * Park Walk: Blyth Park</p> <p>1:00 (C) Tech Help Desk</p> <p>1:30 (B) Resident-Run Political Action Committee Meeting</p> <p>3:00 (G) RR Backgammon</p> <p>3:00 (B) Arts 'n' Crafts: Pipe Cleaner Flower Arrangements</p> <p>5:30 (O) Large-Print Book Distribution</p> <p>7:00 (O) RR Resident Social</p>
<p><b>8</b></p> <p>10:00 (B) Seated Dance Fitness</p> <p>11:00 (B) Enhance Fitness</p> <p>1:00 (B) Cribbage &amp; Coffee</p> <p>1:30 (G) RR Play Reading</p> <p>3:30 (B) Super Bowl LX Watch Party with Pizza &amp; Beer!</p> 	<p><b>9</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:30 (B) Pueblo Structures in the American Southwest with David Kaynor</p> <p>1:00 (B) Gentle Yoga w Binka</p> <p>3:30 (B) Fossil Fiddles Philharmonic Jam</p>	<p><b>10</b></p> <p>9:00 (B) Balance w Select Rehab</p> <p>9:45 (B) Cardio Drumming</p> <p>10:30 (B) Resident Council</p> <p>1:00 (B) Nutrition Talk: Dietary Fats 101</p> <p>1:00 (G) RR Canasta</p> <p>1:00 (A) RR ICHB Quilters</p> <p>2:15 (L) Let's Talk Books</p> <p>2:30 (B) Gentle Movement</p> <p>3:30 (B) Improv</p> <p>6:30 (G) RR Scrabble</p> 	<p><b>11</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9-11 (G) Fiber Arts Meetup</p> <p>9:15 (B) Enhance Fitness</p> <p>10:00 (R) Communion</p> <p>10:30 (B) ICHB Choir Rehearsal</p> <p>1:00 (B) Current Events</p> <p>2:00 (G) Low Vision Support Group</p> <p>4:00-5:30 (B, L, P) Winter Art Gala</p> 	<p><b>12</b></p> <p>9:00 (B) Seated Dance Fitness</p> <p>9:45 (B) Stretch &amp; Flex</p> <p>10:00 Pool Fitness</p> <p>10:30 * (\$) Grocery Trip: Town &amp; Country</p> <p>10:30 (B) Food Advisory</p> <p>1:00 (B) Strength Training</p> <p>1:30 * (\$) Grocery Trip: Town &amp; Country</p> <p>2:00 (G) Bible Discussion Group</p> <p>3:30 (R) Gentle Movement</p> <p>6:30 (B) RR Bridge</p>	<p><b>13</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:30 (B) A Swift Survey of High Medieval History &amp; Literature: Gothic Glories with Kristi Busch</p> <p>1:00 (G) RR Rummikub</p> <p>1:00 (B) Music History with Dr. Theo Deacon: "A Duet for Valentine—Love at the Paris Grand Opera"</p> <p>3:00 (B) BINGO</p> <p>7:00 (B) Trivia Night</p>	<p><b>14 Valentine's Day</b></p> <p>9:30 * Park Walk: Commodore Park</p> <p>12:30 (B) Tech Help Desk</p> <p>3:00 (B) "Lucky in Love" Cabaret Performance</p> <p>3:00 (G) RR Backgammon</p> 

\* = Sign up in Bistro Binder (outing or appointments required)

‡ = Contact Life Enrichment

(\$)= Bring your wallet!

RR = Resident-Run Activity

<p><b>KEY</b></p> <p><b>Special Event</b></p> <p><b>Exercise Class</b></p> <p><b>Trip out of the Community (Outing)</b></p>	<p>B = Broadview Room</p> <p>R = Rainier Room</p> <p>L = Library</p> <p>G = Game Room</p> <p>A = Art Studio</p> <p>P = Patio / Lobby</p>	<p>O = Bistro</p> <p>Y = Gym</p> <p>C = B Conference Rm</p>
---	--	---









**Schedule is subject to change.**

**Please refer to your "Week at a Glance" for the most up-to-date information.**

**You can get a copy of this calendar at the front desk!**

**Questions or Suggestions? Call Life Enrichment at x3714.**

# Ida Culver House Broadview February 2026 Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>15</b></p> <p>10:00 (B) Seated Dance Fitness</p> <p>11:00 (B) Enhance Fitness</p> <p>1:00 (B) Cultural Craft: Mongolia</p> <p>1:30 (C) RR Play Reading</p> <p>3:00 (B) President's Day Trivia: Name That President</p> <p>3:30 (G) RR Cribbage</p> 	<p><b>16 President's Day</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:30 (B) "All the World's A Stage: The Evolution of Acting in the Western World Pt 2" with Shanna Allman</p> <p>1:00 (B) Gentle Yoga w Binka</p> <p>2:00 (B) Women's Group</p> <p>2:30 (G) Watercolors with Cathy S</p> <p>3:45 (B) Reading with Nils</p>	<p><b>17 Mardi Gras</b></p> <p>9:00 (B) Balance w Select Rehab</p> <p>9:45 (B) Cardio Drumming</p> <p>10:00 Pool Fitness</p> <p>10:30 (B) The Lives We've Led</p> <p>1:00 (G) RR Canasta</p> <p>2:30 (B) Gentle Movement </p> <p>3:00 (O) Mardi Gras Happy Hour</p> <p>3:30 (B) End of Life Planning Workshop with "Known Wishes"</p> <p>6:30 (G) RR Scrabble</p> <p>7:00 (B) Film History with Lance Rhoades: "Show Boat"</p>	<p><b>18</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9–11 (G) Fiber Arts Meetup</p> <p>9:15 (B) Enhance Fitness</p> <p>10:00 (R) Communion</p> <p>10:30 (B) ICHB Choir Rehearsal</p> <p>1:00 (B) Current Events</p> <p>2:00 (G) Caregivers Group</p> <p>2:30 (B) February Birthday Celebration</p> <p>6:30 (B) RR Bridge</p> 	<p><b>19</b></p> <p>9:00 (B) Seated Dance Fitness</p> <p>9:45 (B) Stretch &amp; Flex</p> <p>10:00 Pool Fitness</p> <p>10:30 * (\$) Grocery Trip: Fred Meyer</p> <p>10:30 (B) "What Did the Framers of the Constitution Intend?" with Bill Taylor</p> <p>1:00 (B) Strength Training</p> <p>1:30 * (\$) Grocery Trip: Fred Meyer</p> <p>2:00 (G) Bible Discussion Group</p> <p>3:00 (B) Karaoke</p> <p>3:30 (R) Gentle Movement</p> <p>6:15 ‡ Symphony Outing: Xian Conducts Schumann &amp; Beethoven</p>	<p><b>20</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:30 (B) A Swift Survey of High Medieval History &amp; Literature: Gothic Glories with Kristi Busch</p> <p>1:00 (G) RR Rummikub</p> <p>3:00 (B) BINGO</p> 	<p><b>21</b></p> <p>9:30 * Park Walk: Log Boom Park</p> <p>12:30 (B) Tech Help Desk</p> <p>2:30 (B) Arts 'n' Crafts: Zen Tangles</p> <p>3:00 (G) RR Backgammon</p> <p>7:00 (O) RR Resident Social</p> 
<p><b>22</b></p> <p>10:00 (B) Seated Dance Fitness</p> <p>11:00 (B) Enhance Fitness</p> <p>1:00 (B) Cribbage &amp; Coffee</p> <p>1:30 (C) RR Play Reading</p> <p>3:00 (B) Movie Matinee: "Race" (Jesse Owens Biopic)</p> 	<p><b>23</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:00 (G) Meditation</p> <p>10:30 (B) "The Library is More than Books" Presentation with SPL Broadview Branch Adult Services Librarian</p> <p>1:00 (B) Gentle Yoga w Binka</p> <p>2:00 (G) Widow &amp; Widowers Group</p> <p>3:00 (B) "Music from the Age of the Harlem Renaissance: Myths &amp; Reality" with David Lee Joyner</p> 	<p><b>24</b></p> <p>9:00 (B) Balance w Select Rehab</p> <p>9:45 (B) Cardio Drumming</p> <p>10:00 Pool Fitness</p> <p>10:30 (G) Ida's Book Club</p> <p>1:00 (G) RR Canasta</p> <p>1:00 (A) ICHB Quilters</p> <p>2:15 (L) Library Committee</p> <p>2:30 (B) Gentle Movement</p> <p>3:30 (B) Improv</p> <p>6:30 (G) RR Scrabble</p>	<p><b>25</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9–11 (G) Fiber Arts Meetup</p> <p>9:15 (B) Enhance Fitness</p> <p>10:00 (R) Catholic Mass</p> <p>10:30 (B) ICHB Choir Rehearsal</p> <p>1:00 (B) Current Events</p> <p>2:00 * (\$) Outing: Scenic Drive—Green Lake</p> <p>2:00 (B) Contemporary Issues Group</p> <p>2:30 (B) Art History with Rebecca Albiani: Kehinde Wiley</p> <p>6:30 (B) RR Bridge</p>	<p><b>26</b></p> <p>9:00 (B) Seated Dance Fitness</p> <p>9:45 (B) Stretch &amp; Flex</p> <p>10:00 Pool Fitness</p> <p>10:30 * (\$) Grocery Trip: QFC</p> <p>10:30 (B) Great Decisions Discussion Series</p> <p>1:00 (B) Strength Training</p> <p>1:30 * (\$) Grocery Trip: QFC</p> <p>2:00 (G) Bible Discussion Group</p> <p>3:00 (B) Resident Town Hall</p> <p>3:30 (R) Gentle Movement</p> <p>7:00 (B) Joe Carolus - Vocals &amp; Piano Performance</p> 	<p><b>27</b></p> <p>8:30 (B) Stretch &amp; Flex</p> <p>9:15 (B) Enhance Fitness</p> <p>10:30 (B) A Swift Survey of High Medieval History &amp; Literature: Gothic Glories with Kristi Busch</p> <p>1:00 (G) RR Rummikub</p> <p>1:00 (B) Music History with Dr. Theo Deacon: Puccini's "Turandot"</p> <p>3:00 (B) BINGO</p> <p>7:00 (B) Trivia Night</p>	<p><b>28</b></p> <p>9:30 * Park Walk: Madison Park</p> <p>1:00 (B) Tech Help Desk</p> <p>2:30 (B) Arts 'n' Crafts: Macrame Wall Hangings</p> <p>3:00 (G) RR Backgammon</p> <p style="text-align: right;">IDA CULVER HOUSE BROADVIEW</p>

