



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>ATTENTION RESIDENTS!!! Calendar Update as of 8/30/24. Thank you!</p>					<ul style="list-style-type: none"> ● Trips ● Music & Lectures ● Marketing ● Unique Events & Meetings 	<p><u>Monthly Committee Meetings</u></p> <p>Please See the W.A.A.G for Meeting Days & Times</p>
1	2	3	4	5	6	7
<p>8:30 Church Transport</p> <p>1:00 Sit and Be Fit</p> <p>1:00 Juanita Park Drive and Walk in Kirkland</p>	<p>Labor Day Buffet 11-2</p> <p>9:15 Water Aerobics</p> <p>10:00 Knitting Group</p> <p>10:00 French II avec Chloe</p> <p>1:00 Bridge</p> <p>2:00 Tai Chi</p> <p>3:00 Schmooze with Rabbi Nissan</p> <p>NO DINNER</p>	<p>9:30 Enhance Fitness</p> <p>11:00 QFC and Metro Market Shopping</p> <p>11:00 French I avec Chloe</p> <p>1:00 Mahjong</p> <p>1:00 Sit and Be Fit</p> <p>1:00 Rummy Tiles</p> <p>3:00 Women's Group</p>	<p>9:15 Water Aerobics</p> <p>11:00 <u>Town Hall</u></p> <p>1:00 Bridge</p> <p>1:15 Brain Fitness</p> <p>2:00 Tai Chi</p> <p>2:00 Mindful</p> <p>3:30 Cocktail Party</p>	<p>9:30 Enhance Fitness</p> <p>10:45 Bookmobile</p> <p>10:45 Era Living Picnic at Ravenna Aljoia</p> <p>11:00 Aspiring Writers</p> <p>1:00 Rummy Tiles</p> <p>1:00 Sit and Be Fit</p> <p>1:00 Great Decisions</p> <p>2:00 Current Events</p>	<p>9:00 Men's Breakfast</p> <p>10:50 Rosary</p> <p>1:00 Bridge</p> <p>1:00 Watercolor Group</p> <p>2:00 Tai Chi</p> <p>5:00 MI Art Walk</p>	<p>9:30 Enhance Fitness</p> <p>1:00 Bridge</p> <p>1:00 Mahjong</p> <p>1:00 Dance w/Karen and Cliff</p> <p>6:45 Free Music Concert in Medina, "Some Enchanted Evening"</p>
8	9	10	11	12	13	14
<p>8:30 Church Transport</p> <p>1:00 Sit and Be Fit</p>	<p>9:15 Water Aerobics</p> <p>10:00 Knitting Group</p> <p>10:00 French II avec Chloe</p> <p>1:00 Bridge</p> <p>2:00 Tai Chi</p> <p>3:00 Shakespeare Class</p>	<p>9:30 Enhance Fitness</p> <p>11:00 QFC and Metro Market Shopping</p> <p>11:00 French I avec Chloe</p> <p>11:00 Aljoia Book Club</p> <p>1:00 Mahjong</p> <p>1:00 Sit and Be Fit</p> <p>1:00 Rummy Tiles</p> <p>3:00 Men's Group</p>	<p>9:15 Water Aerobics</p> <p>1:00 Bridge</p> <p>1:15 Brain Fitness</p> <p>2:00 Tai Chi</p> <p>2:00 Mindful</p> <p>Relaxation</p> <p>4:30 16th Anniversary Party in Lilly's</p>	<p>9:30 Enhance Fitness</p> <p>11:00 Caregiver Support</p> <p>1:00 Rummy Tiles</p> <p>1:00 Sit and Be Fit</p> <p>2:00 Current Events</p>	<p>9:00 Men's Breakfast</p> <p>10:50 Rosary</p> <p>1:00 Bridge</p> <p>1:00 Watercolor Group w/Victoria</p> <p>2:00 Tai Chi</p> <p>3:00 Greek Dance w/Stephanie Stafford</p> <p>3:30 Eric Verlinde Piano concert</p>	<p>9:30 Enhance Fitness</p> <p>12:30 Center on Contemporary Art (COCA)</p> <p>1:00 Bridge</p> <p>1:00 Mahjong</p>

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15 <u>Sunday Brunch</u> 11-2 8:30 Church Transport 1:00 Sit and Be Fit 2:00 Scenic Drive with Marc <u>NO DINNER</u>	16 9:15 Water Aerobics 10:00 Knitting Group 10:00 French II avec Chloe 12:30 MIW Book Group 1:00 Bridge 2:00 Tai Chi 3:00 David Smith	17 9:30 Enhance Fitness 11:00 QFC and Metro Market Shopping 11:00 French I avec Chloe 12:00 Birthday Lunch 1:00 Sit and Be Fit 1:00 Mahjong 1:00 Rummy Tiles 2:00 Nutritionist Presentation 3:00 Women's Group 4:40 Sentimental Dinner Dance in Lilly's	18 9:15 Water Aerobics 11:00 Lance Rhoades 1:00 Bridge 1:15 Brain Fitness 2:00 Tai Chi 2:00 Mindful Relaxation 3:30 Facilities Committee 6:30 WOW Film screen	19 9:30 Enhance Fitness 11:00 Low Vision Support 11:00 Aspiring Writers 11:45 Pike Market Food Bank 1:00 Rummy Tiles 1:00 Sit and Be Fit 2:00 Current Events	20 9:00 Men's Breakfast 10:50 Rosary 11:00 Trader Joe's 1:00 Bridge 1:00 Watercolor Group 2:00 Tai Chi 3:30 Resident Survey Results	21 9:30 Enhance Fitness 1:00 Bridge 1:00 Mahjong 1:15 Camelot the Musical Village Theater	
22 8:30 Church Transport 1:00 Sit and Be Fit 12:45 Seattle Int'l Piano Competition at Benaroya Hall	23 9:15 Water Aerobics 10:00 Knitting Group 10:00 French II avec Chloe 1:00 Bridge 1:00 Tai Chi 3:00 Shakespeare Class 4:15 Lance Rhoades	24 9:15 Uwajimaya 9:30 Enhance Fitness 11:00 Resident Council 11:00 French I avec Chloe 1:00 Mahjong 1:00 Rummy Tiles 1:00 Sit and Be Fit 3:00 Men's Group 3:00 QFC and Metro Market Shopping	25 9:15 Water Aerobics 1:00 Bridge 1:15 Brain Fitness 2:00 Chair Tai Chi 2:00 Mindful Relaxation 3:30 Theater Group	26 9:30 Enhance Fitness 11:00 Parkinson's Support Group 11:15 Costco 1:00 Sit and Be Fit 1:00 Rummy Tiles 2:00 Current Events 3:30 Bingo!	27 9:00 Men's Breakfast 10:50 Rosary 1:00 Bridge 1:00 Watercolor Group w/Victoria 1:00 Tai Chi 3:00 Greek Dance w/ Stephanie Stafford	28 9:30 Enhance Fitness 1:00 Bridge 1:00 Mahjong 1:00 Posture Clinic with Pamela	
29 8:30 Church Transport 1:00 Sit and Be Fit 1:00 Bellevue Mall	30 9:15 Water Aerobics 10:00 Knitting Group 10:00 French II avec Chloe 11:15 Party with a Purpose 1:00 Bridge 1:00 Tai Chi	<u>Resident Birthdays</u>					
		Couch, Barbara 09/03 Freedman, Beverly 09/05 Frodle, Kenet 09/13 Irwin, Nancy 09/13 DeLaurenti, Bettie 09/15 Chapman, Isabella 09/17 Miyata, Pauline 09/17		Sollitt, Fran 09/17 Van Wyk, Brooke 09/22 Veith, Mary Ann 09/24 DeForest, Win 09/29 Gray, Marilyn 09/29 Yutani, Kazuo 09/30			